

ACHIEVE POSITIVE AND LASTING OUTCOMES  
FOR CHILDREN, FAMILIES, AND COMMUNITIES



# IMPACT REPORT

2025



# OUR MISSION & VISION

## OUR MISSION

As a non-profit organization dedicated to serving both youth and adults, we provide: (1) transformative programs to build resilience, life skills, and confidence in vulnerable youth, (2) critical mental health services for autistic and neurodiverse individuals receiving Medicare or Medicaid, and (3) innovative mental health support for children and families.

## OUR VISION

To create pathways to stability and independence for children and youth through comprehensive, trauma-informed behavioral health services rooted in the community.



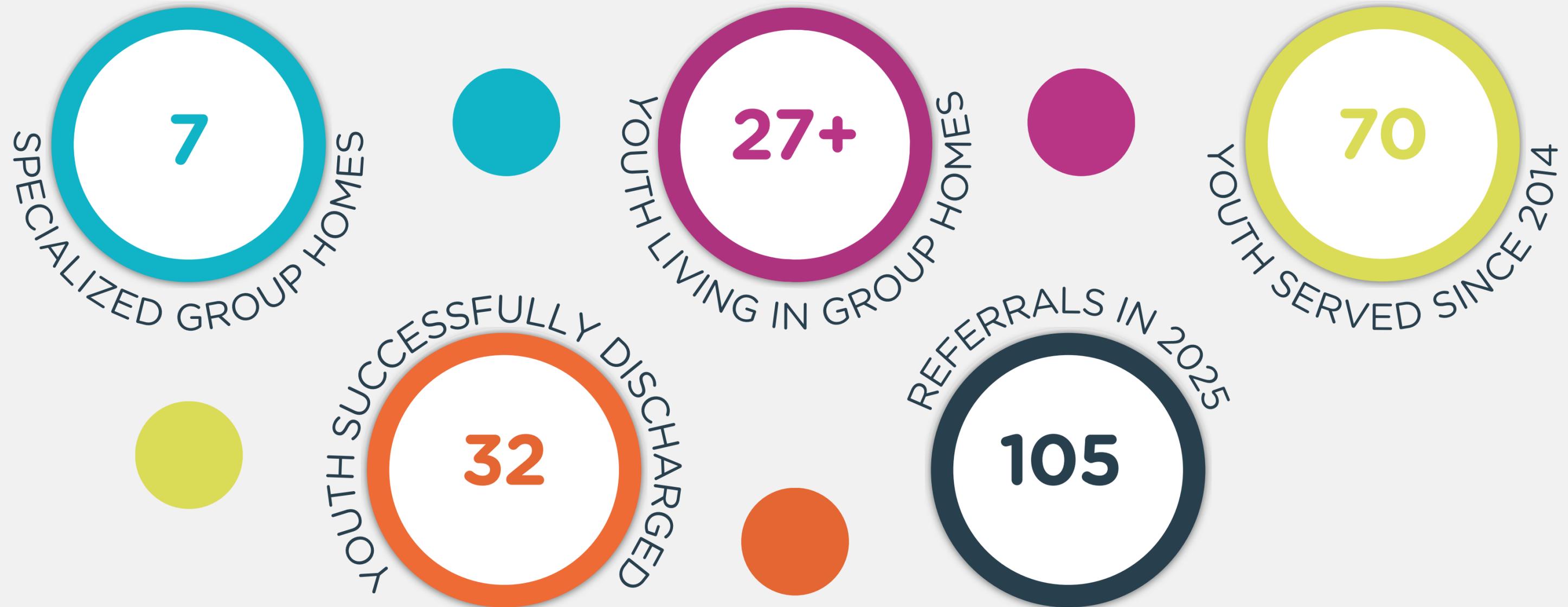
# MESSAGE FROM OUR LEADERSHIP

*“This year reminded me that real progress happens when compassion is matched with commitment. Through every challenge, our team, supporters, and partners stood together to drive change that truly matters. The impact we achieved reflects the strength of a community that believes in hope—and refuses to let go of it.”*

JENNIFER HALL, EXECUTIVE DIRECTOR



# 2025: YEAR IN NUMBERS



The Children in Community Care (CCC) Program provides a continuum of care for youth and young adults who have mental health diagnoses such as Autism Spectrum Disorder (ASD) and Developmental and Intellectual Disabilities (DDID). The CCC Program offers intensive, therapeutic placement options in specialized group homes in residential neighborhoods, promoting community integration and independence.

# KEY ACHIEVEMENTS & MILESTONES

Q1



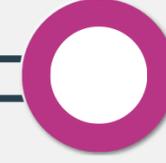
*Increased therapeutic outings through the implementation of the Key Adventures Committee*

Q2



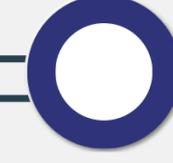
*Expanded our Applied Behavior Analysis Services to include four Registered Behavior Technicians*

Q3



*Increased community involvement through targeted ABA Services*

Q4



*Implemented EQ2 and Ukeru training initiatives to reduce secondary traumatic stress and the use of physical restraint*

# SUCCESS STORY

## MEET GREG

After 548 days in the CCC Program, Greg reached a life-changing milestone when he was adopted by his foster family on December 30th! His journey reflects the power of consistency, individualized care, and collaboration across services.

Greg was admitted to the Key Assets Kentucky group home as an in-state step-down placement after successfully meeting treatment goals during an out-of-state placement. This transition into a community-based environment allowed him to continue building skills, stability, and independence. Throughout his time in care, Greg demonstrated meaningful progress while receiving support for Autism Spectrum Disorder.

Greg entered care with a complex history and had experienced multiple placements prior to joining the CCC Program. Despite these challenges, he remained resilient and continued to grow emotionally, behaviorally, and socially.

With dedicated support, structured programming, and a nurturing foster family, Greg achieved permanency in a safe and loving home. His adoption represents not only a successful outcome for Greg but also the impact of trauma-informed care and the commitment of staff, caregivers, and community partners working together toward lasting stability for youth.

Greg's story is a testament to what is possible when young people are given the time, resources, and support they need to succeed!

# CHALLENGES & LESSONS

We adapted, we listened, and we grew stronger. Challenges may arise, but so does our determination to serve. Our community is more than numbers - it's the heartbeat of every success story.

## *Challenges:*

The inability to fully realize the potential of the program model due to on-going staffing shortages and increased turnover.

## *Lessons:*

The importance of community involvement for fostering emotional stability and facilitating successful transitions to independence.

# 2025: YEAR IN NUMBERS



Key Assets Kentucky's Behavioral Health Services provide comprehensive, trauma-informed care to children, adolescents, and families across Central Kentucky. Our multidisciplinary team offers therapy, targeted case management, and community support to address a wide range of mental health needs, ensuring clients receive personalized and effective support.

# KEY ACHIEVEMENTS & MILESTONES

Q1



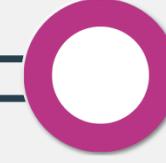
*Expanded medication management to benefit our youth in residential care, with intention to expand to the community*

Q2



*Expanded our therapy team to fourteen community-based psychotherapists*

Q3



*Completed EMDR, TF-CBT, ADOS-2, and MIGDAS certifications so that each therapist has at least one certification in evidence-based therapy*

Q4



*Innovated and invested in training to make KAK the leader in neurodevelopmental testing in the region*

# SUCCESS STORY

## MEET SOPHIE

When Sophie first came to Key Assets Kentucky, she carried the weight of years of painful experiences, not only from her past trauma, but also from therapy that had once promised healing and instead deepened her wounds. Those experiences left her fearful of being misunderstood or judged. She questioned her own instincts, struggled to make decisions, and rarely left her home. The world felt unsafe, and trusting anyone, including herself, felt impossible.

Then Sophie met her therapist. From the beginning, her therapist focused not on “fixing” her, but on helping her feel safe again - safe to speak, to feel, and to believe that healing was possible. Through consistent compassion, transparency, and trauma-informed care, the therapist helped Sophie rebuild trust in the therapeutic process. They worked gently, focusing first on emotional regulation and grounding techniques, then gradually exploring how her past experiences shaped her self-doubt and fear. As trust grew, so did Sophie’s courage. She began to venture out more, take small risks, and reconnect with her goals. Her therapist encouraged her to honor her own intuition and celebrate each milestone, no matter how small. Over time, she began to trust her judgment, form healthy relationships, and reclaim the sense of self that trauma had once silenced. Today, Sophie is on the verge of graduating from college - a milestone she once thought impossible. She’s in a healthy, supportive relationship and is navigating life’s challenges with confidence and self-compassion.

Sophie’s journey reminds us that true healing takes patience, trust, and the right connection. With the steady support of her Key Assets Kentucky therapist, she transformed from surviving to thriving and rediscovered her own strength along the way.

# CHALLENGES & LESSONS

As the needs of children and families shift, so do we, responding with compassion, innovation, and unwavering commitment. Because beyond the data and services are real families finding healing, hope, and renewed strength.

## *Rising Demand*

The need within our community continues to grow. More individuals and families are turning to us for support - from access to food, shelter, and education, to mental health resources and crisis assistance.

## *Economic Uncertainties*

Economic instability, rising costs of living, and unpredictable funding environments have made sustaining programs more challenging. Many of the families we serve have felt this burden most acutely.

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# GRANT FUNDERS

Blue Grass Energy  
LFUCG  
Raymond B. Preston Foundation

# FINANCIAL SUMMARY

OUR COMMITMENT: TRANSPARENCY. ACCOUNTABILITY. MAXIMUM IMPACT.

## TOTAL INCOME

\$8,689,775

## TOTAL EXPENSES

\$8,822,107

## TOTAL NET ASSETS

(\$136,596)

## WHERE YOUR SUPPORT WENT

- 81% Programs & Services
- 1% Fundraising & Development
- 15% Administration & Operations
- 3% Miscellaneous Expenses

\*numbers as reported end of year but yet to be confirmed by audit

# OUR VISION FOR THE FUTURE

*In the coming year, we will:*

## LEAD

- Advocate for legislation to support community-based behavioral health services
- Create a new supervision model that includes training and support of new supervisors, and increased support of our direct care staff

## GROW

- Increase Youth Care Worker staffing to accommodate two more youth
- Build upon and increase partnerships within our local business community

## INNOVATE

- Establish a new Medication Management Service to serve the unique needs of neurodiverse individuals
- Secure new funding to support the expansion of needed community-based behavioral health services



# THANK YOU & CALL TO ACTION



*Supporters make a transformative impact,  
sustaining and growing our programs that provide a safe,  
nurturing environment.*